

WCD III 4A 2023 Girls Swim & Dive Champs
Results - Swimming Finals

Event 1 Girls 200 Yard Medley Relay**MEET RECORD: 1:46.48 # 11/2/2019 CURTIS****M Barbosa, E Van Zonn., L Lopez-Silvers, M Hickey****4A STATE REC: 1:44.00 ! 2018 SKYLINE****1:44.27 AAA All-America Auto****1:46.16 AAC All-America Consid.****1:53.50 4AST 4A State Qual**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 KENNEDY CATHOLIC HIGH SCHC		1:49.97	1:47.21 4AST	40
1) Weiler, Hailey SO	2) Vu, Kaitlyn SO	3) Williams, Rae SR	4) Jackson, Avery FR	
25.59 29.87 27.09	24.66			
2 CURTIS VIKINGS		1:48.97	1:48.69 4AST	34
1) Putt, Takara SR	2) Guidoux, May JR	3) Link, Trinity SR	4) Bernardo, Alexis JR	
28.38 30.23 26.33	23.75			
3 TAHOMA HIGH SCHOOL		1:56.19	1:55.97	32
1) Hill, Jasmine JR	2) Rasmussen, Tamar SR	3) Warner, Elena JR	4) Sears, Sierra SR	
28.01 34.64 27.75	25.57			
4 PUYALLUP HIGH SCHOOL		1:59.21	1:59.63	30
1) Sellman, Emily JR	2) Punsalan, Amaiya SR	3) Bagniewski, Molly SR	4) Mahaffie, Annie JR	
28.19 36.04 27.79	27.61			
5 ROGERS RAMS		2:01.34	1:59.90	28
1) Bontemps, Julia SR	2) Jahn, Vivienne FR	3) Davis, Sophia FR	4) Snow, Lauren SO	
28.37 35.51 28.56	27.46			
6 OLYMPIA HIGH SCHOOL		2:03.11	2:02.30	26
1) Randall, Clara JR	2) Nguyen, Brianna SR	3) Champion, Teresa SR	4) Andreassen, Nora JR	
30.85 35.25 29.19	27.01			
7 KENTRIDGE HS		2:03.60	2:02.91	24
1) Mann, Grace SO	2) Edwards, Addison JR	3) Zimmerman, Reyna JR	4) Haroldson-Margel, Harper SO	
40.48 25.25 30.89	26.29			
8 SOUTH KITSAP HIGH SCHOOL		2:03.96	2:04.27	22
1) Spiker, Azie SO	2) Hughes, Emi FR	3) Hurguy, Emma JR	4) Hellewell, Shanna JR	
30.56 36.52 29.97	27.22			
B - Final				
9 DECATUR HIGH SCHOOL		2:07.08	2:07.09	18
1) Ekenman, Eva JR	2) Tucker, Violet SR	3) Walling, Ashly SO	4) Thomas, Roha JR	
32.48 34.28 30.63	29.70			
10 MOUNT RAINIER HIGH SCHOOL		2:14.01	2:11.94	14
1) Nesbitt, Piper FR	2) Hansmire, Molly SO	3) Kwong, Amelia JR	4) Easterling, Abi SR	
33.82 39.05 30.47	28.60			

Event 2 Girls 200 Yard Freestyle**MEET RECORD: 1:50.54 # 11/2/2002 MEGAN RAINS - ROG****4A STATE REC: 1:46.55 ! 2009 ANDIE TAYLOR - SKYLINE****1:48.74 AAA All-America Auto****1:50.65 AAC All-America Consid.****1:59.70 4AST 4A State Qual**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ma, Elizabeth		SR MOUNT RAINIER HIGH SCHOOL	1:56.91	1:55.56 4AST	20
26.48 29.75 29.93	29.40				
2 Wolfe, Madison		FR CURTIS VIKINGS	2:00.76	1:57.75 4AST	17
27.06 29.86 30.52	30.31				
3 Bagniewski, Molly		SR PUYALLUP HIGH SCHOOL	1:58.06	1:58.58 4AST	16
27.71 29.21 30.46	31.20				

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

A - Final ... (Event 2 Girls 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
4 Hoover, Hayden 27.77 30.11 30.77 30.51	JR	CURTIS VIKINGS	2:01.18	1:59.16 4AST	15
5 Ledesma, Lauren 27.91 29.82 30.76 30.95	SO	CURTIS VIKINGS	2:00.28	1:59.44 4AST	14
6 Gertseva, Nicole 27.47 30.07 31.38 31.23	SO	OLYMPIA HIGH SCHOOL	2:00.00	2:00.15	13
7 LaBella, Lucy 27.07 29.70 31.20 32.19	FR	KENNEDY CATHOLIC HIGH SCHOOL	2:00.53	2:00.16	12
8 Bontemps, Julia 27.89 30.36 31.07 32.31	SR	ROGERS RAMS	2:00.74	2:01.63	11

B - Final

9 Artemdize, Sophie 28.72 31.36 32.31 31.85	SR	TAHOMA HIGH SCHOOL	2:03.91	2:04.24	9
10 Jahn, Vivienne 28.26 31.17 33.12 31.88	FR	ROGERS RAMS	2:02.72	2:04.43	7
11 Haroldson-Margel, Harper 28.89 31.72 32.30 32.56	SO	KENTRIDGE HS	2:05.43	2:05.47	6
12 Smathers, Julia 29.71 32.97 33.70 33.48	JR	ROGERS RAMS	2:10.95	2:09.86	5
13 Jose, Norah 29.73 32.97 34.73 34.83	SR	TAHOMA HIGH SCHOOL	2:10.38	2:12.26	4
14 McDaniel, Cambria 29.07 33.48 35.48 34.26	SO	OLYMPIA HIGH SCHOOL	2:14.63	2:12.29	3
15 McDowell, Alexis 30.65 33.32 34.20 34.38	SO	KENTRIDGE HS	2:12.26	2:12.55	2
16 Collins, Iris 30.05 33.78 35.19 34.17	FR	SUMNER HIGH SCHOOL GIRLS	2:11.27	2:13.19	1

Event 3 Girls 200 Yard IM

MEET RECORD: 2:02.58 # 10/27/2001 EMILY KUKORS - AUB
 4A STATE REC: 1:58.23 ! 2008 ANDIE TAYLOR - SKYLINE
 2:01.46 AAA All-America Auto
 2:04.01 AAC All-America Consid.
 2:13.50 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Weiler, Hailey 25.68 30.03 39.63 30.34	SO	KENNEDY CATHOLIC HIGH SCHOOL	2:09.31	2:05.68 4AST	20
2 Vu, Kaitlyn 27.97 33.22 36.56 31.35	SO	KENNEDY CATHOLIC HIGH SCHOOL	2:10.36	2:09.10 4AST	17
3 Link, Trinity 27.88 33.00 38.22 31.44	SR	CURTIS VIKINGS	2:10.68	2:10.54 4AST	16
4 Tweit, Payton 29.28 35.05 40.65 31.25	FR	SUMNER HIGH SCHOOL GIRLS	2:17.98	2:16.23	15
5 Warner, Elena 28.50 34.30 41.14 32.36	JR	TAHOMA HIGH SCHOOL	2:16.94	2:16.30	14
6 Edwards, Addison 30.82 37.65 40.90 33.41	JR	KENTRIDGE HS	2:24.56	2:22.78	13
7 Snyder, Abbie 29.62 36.06 44.36 34.06	FR	KENTWOOD HIGH SCHOOL	2:23.78	2:24.10	12
8 Rasmussen, Tamar 31.25 38.00 41.64 33.83	SR	TAHOMA HIGH SCHOOL	2:23.87	2:24.72	11

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

B - Final ... (Event 3 Girls 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9 Davis, Sophia	FR	ROGERS RAMS	2:26.74	2:21.38	9
30.33 34.97 42.84		33.24			
10 Schedrin, Julia	JR	BETHEL HIGH SCHOOL	2:25.81	2:26.21	7
30.21 37.89 43.79		34.32			
11 Spiker, Azie	SO	SOUTH KITSAP HIGH SCHOOL	2:29.92	2:26.71	6
31.20 36.66 45.06		33.79			
12 Hurguy, Emma	JR	SOUTH KITSAP HIGH SCHOOL	2:30.88	2:30.28	5
31.65 37.49 47.25		33.89			
13 Randall, Clara	JR	OLYMPIA HIGH SCHOOL	2:31.33	2:32.35	4
33.78 36.69 48.80		33.08			
14 Camper, Luciana	JR	CURTIS VIKINGS	2:33.90	2:34.67	3
33.06 38.88 46.41		36.32			
15 Nguyen, Brianna	SR	OLYMPIA HIGH SCHOOL	2:37.75	2:36.28	2
33.43 39.77 46.13		36.95			
16 Punsalan, Amaiya	SR	PUYALLUP HIGH SCHOOL	2:36.74	2:37.22	1
35.03 39.65 45.13		37.41			

Event 4 Girls 50 Yard Freestyle

MEET RECORD: 23.23 # 1985 ROSIE ZIMSEN - SK
 4A STATE REC: 22.58 ! 2017 EMMA CARLTON - MV
 23.08 AAA All-America Auto
 23.50 AAC All-America Consid.
 25.00 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Bernardo, Alexis	JR	CURTIS VIKINGS	24.46	24.52 4AST	20
2 Gaul, Rowan	SR	TAHOMA HIGH SCHOOL	24.71	24.86 4AST	17
3 Jackson, Avery	FR	KENNEDY CATHOLIC HIGH SCHOOL	25.52	25.19	16
4 Lopez, Gaby	SO	CURTIS VIKINGS	25.53	25.45	15
5 Sellman, Emily	JR	PUYALLUP HIGH SCHOOL	25.69	25.49	14
6 Daniels, Yuna	JR	GRAHAM KAPOWSIN SWIM TEAM	25.75	25.62	13
7 Sears, Sierra	SR	TAHOMA HIGH SCHOOL	26.05	26.02	12
8 Williams, Rae	SR	KENNEDY CATHOLIC HIGH SCHOOL	26.23	26.29	11
B - Final					
9 Ng, Maddie	JR	MOUNT RAINIER HIGH SCHOOL	26.43	26.18	9
10 Hill, Jasmine	JR	TAHOMA HIGH SCHOOL	26.69	26.19	7
11 Roberts, Paige	SO	CURTIS VIKINGS	26.64	26.51	6
12 Mann, Grace	SO	KENTRIDGE HS	26.65	26.66	5
13 Carr, Addy	JR	MOUNT RAINIER HIGH SCHOOL	27.23	26.94	4
14 Luna, Riley	SO	CURTIS VIKINGS	27.43	27.15	3
15 Wu, Paige	JR	KENTRIDGE HS	27.53	27.50	2
16 Worhatch, Abby	FR	SUMNER HIGH SCHOOL GIRLS	27.42	27.78	1

Event 5 Girls 1 mtr Diving

MEET RECORD: 453.30 # 1974 TERESA HACKETT - HL
 4A STATE REC: 488.20 ! 2012 CAITLIN CHAMBERS - GAR
 315.00 4AST 4A State Qual

Name	Yr	School	Prelim Score	Finals Score	Points
Finals					
1 Keough, Vivian	SO	CURTIS VIKINGS	135.35	283.40	20
2 Williams, Lacey	JR	SUMNER HIGH SCHOOL GIRLS	122.35	254.65	17
3 Wilson, Mia	FR	SUMNER HIGH SCHOOL GIRLS	108.70	235.85	16

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

Finals ... (Event 5 Girls 1 mtr Diving)

Name	Yr	School	Prelim Score	Finals Score	Points
4 Johnson, Amaya	SO	DECATUR HIGH SCHOOL	103.05	233.95	15
5 Parker, Anna	SR	KENNEDY CATHOLIC HIGH SCHOOL	120.55	232.15	14
6 Ng, Maddie	JR	MOUNT RAINIER HIGH SCHOOL	98.90	231.50	13
7 Laukala, Paisley	JR	TAHOMA HIGH SCHOOL	106.40	227.80	12
8 Lindeman, Lily	FR	MOUNT RAINIER HIGH SCHOOL	104.90	227.35	11
9 Allred, Phoebe Jane	JR	MOUNT RAINIER HIGH SCHOOL	113.15	224.50	9
10 Wainscott, Marley	SO	MOUNT RAINIER HIGH SCHOOL	105.35	223.85	7
11 Laning, JoAnn	SR	PUYALLUP HIGH SCHOOL	94.45	222.95	6
12 Stoll, Seville	JR	KENNEDY CATHOLIC HIGH SCHOOL	110.55	222.45	5
13 Raulerson, Cordelia	SO	TAHOMA HIGH SCHOOL	102.55	219.00	4
14 Coppin, Indiana	JR	OLYMPIA HIGH SCHOOL	100.95	211.85	3
15 McDonough, Addison	JR	KENNEDY CATHOLIC HIGH SCHOOL	110.70	205.40	2
--- Coltrain, Aurora	SR	CURTIS VIKINGS	98.10	DQ	

Event 6 Girls 100 Yard Butterfly

MEET RECORD: 55.27 # 11/2/2013 KENNA RAMEY - FW
 4A STATE REC: 52.58 ! 2018 GABRIELLE DANG - NC
 54.38 AAA All-America Auto
 55.48 AAC All-America Consid.
 59.60 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Link, Trinity	SR	CURTIS VIKINGS	59.74	59.68	20
27.97 31.71					
2 Putt, Takara	SR	CURTIS VIKINGS	59.95	59.69	17
28.35 31.34					
3 Bagniewski, Molly	SR	PUYALLUP HIGH SCHOOL	1:00.16	1:00.87	16
28.60 32.27					
4 Guidoux, May	JR	CURTIS VIKINGS	1:01.31	1:01.57	15
29.01 32.56					
5 Wisen, Addie	SR	MOUNT RAINIER HIGH SCHOOL	1:01.81	1:01.67	14
28.01 33.66					
6 Williams, Rae	SR	KENNEDY CATHOLIC HIGH SCHOOL	1:03.13	1:02.44	13
28.35 34.09					
7 Artemdize, Sophie	SR	TAHOMA HIGH SCHOOL	1:02.97	1:02.75	12
29.22 33.53					
8 Nguyen, Natalie	FR	KENNEDY CATHOLIC HIGH SCHOOL	1:04.33	1:03.82	11
29.06 34.76					
B - Final					
9 Benedict, Grace	FR	EMERALD RIDGE HIGH SCHOOL	1:04.94	1:02.94	9
29.49 33.45					
10 Davis, Sophia	FR	ROGERS RAMS	1:06.53	1:05.16	7
30.83 34.33					
11 Schedrin, Julia	JR	BETHEL HIGH SCHOOL	1:05.88	1:06.98	6
30.61 36.37					
12 Champion, Teresa	SR	OLYMPIA HIGH SCHOOL	1:10.78	1:09.74	5
31.19 38.55					
13 Ban, Hee-Sun	FR	OLYMPIA HIGH SCHOOL	1:08.54	1:09.87	4
31.62 38.25					
14 Martin, Kimberly	JR	SOUTH KITSAP HIGH SCHOOL	1:11.31	1:11.11	3
33.18 37.93					
15 Camper, Luciana	JR	CURTIS VIKINGS	1:12.04	1:11.26	2
33.03 38.23					

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

B - Final ... (Event 6 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Yokes, Ally 32.39 39.48	SO	ROGERS RAMS	1:11.20	1:11.87	1

Event 7 Girls 100 Yard Freestyle

MEET RECORD: 50.17 # 11/1/2008 CHELSEA BAILEY - KL

4A STATE REC: 49.73 ! 2017 EMMA CARLTON - MV

50.15 AAA All-America Auto

51.10 AAC All-America Consid.

54.50 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
------	----	--------	-------------	-------------	--------

A - Final

1 Bernardo, Alexis 25.69 27.81	JR	CURTIS VIKINGS	53.58	53.50	4AST 20
2 Hoover, Hayden 26.80 28.25	JR	CURTIS VIKINGS	55.66	55.05	17
3 Gertseva, Nicole 26.86 28.24	SO	OLYMPIA HIGH SCHOOL	54.92	55.10	16
4 Jackson, Avery 26.73 28.42	FR	KENNEDY CATHOLIC HIGH SCHOOL	55.29	55.15	15
5 Lopez, Gaby 27.04 28.32	SO	CURTIS VIKINGS	56.32	55.36	14
6 Ledesma, Lauren 27.22 28.41	SO	CURTIS VIKINGS	55.84	55.63	13
7 Gaul, Rowan 27.15 28.70	SR	TAHOMA HIGH SCHOOL	55.79	55.85	12
8 Daniels, Yuna 27.84 29.30	JR	GRAHAM KAPOWSIN SWIM TEAM	56.82	57.14	11

B - Final

9 Sears, Sierra 27.81 28.90	SR	TAHOMA HIGH SCHOOL	57.01	56.71	9
10 Paulson, Victoria 27.31 29.45	SR	KENNEDY CATHOLIC HIGH SCHOOL	57.67	56.76	7
11 Mann, Grace 28.23 30.86	SO	KENTRIDGE HS	59.09	59.09	6
*12 McDonald, Baillie 28.06 31.32	SO	TAHOMA HIGH SCHOOL	58.89	59.38	4.50
*12 McDaniel, Cambria 27.95 31.43	SO	OLYMPIA HIGH SCHOOL	59.49	59.38	4.50
14 Zimmerman, Reyna 29.08 31.45	JR	KENTRIDGE HS	1:00.74	1:00.53	3
15 Helland, Grace 28.57 32.08	FR	KENNEDY CATHOLIC HIGH SCHOOL	59.60	1:00.65	2
16 Mondrut, Savanna 30.46 32.05	JR	GRAHAM KAPOWSIN SWIM TEAM	1:01.61	1:02.51	1

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

Event 8 Girls 500 Yard Freestyle

MEET RECORD: 4:54.81 # 10/30/2004 KRISSEY FORELLI - GH
 4A STATE REC: 4:41.98 ! 2008 AMBER MCDERMOTT - JACK
 4:53.06 AAA All-America Auto
 4:58.20 AAC All-America Consid.
 5:21.00 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ma, Elizabeth	SR	MOUNT RAINIER HIGH SCHOOL	5:13.94	5:10.73	4AST 20
28.35 31.31 31.42	31.94	31.25 31.69 31.81	31.71		
31.41 29.84					
2 LaBella, Lucy	FR	KENNEDY CATHOLIC HIGH SCHOOL	5:31.16	5:25.02	17
28.59 31.80 32.41	32.57	32.98 33.44 33.31	33.60		
33.32 33.00					
3 Tweit, Payton	FR	SUMNER HIGH SCHOOL GIRLS	5:32.74	5:28.83	16
28.43 31.98 32.53	33.00	33.50 33.59 33.97	34.07		
33.94 33.82					
4 Keough, Marie	JR	CURTIS VIKINGS	5:34.59	5:31.85	15
28.97 31.82 33.22	33.84	33.35 34.49 34.37	34.25		
34.99 32.55					
5 Jahn, Vivienne	FR	ROGERS RAMS	5:35.41	5:32.46	14
29.08 31.89 33.31	33.95	33.99 34.74 34.50	34.12		
34.30 32.58					
6 Rasmussen, Tamar	SR	TAHOMA HIGH SCHOOL	5:50.27	5:50.44	13
31.12 34.17 35.29	35.81	36.12 35.59 35.74	36.05		
36.14 34.41					
7 McDowell, Alexis	SO	KENTRIDGE HS	5:47.40	5:50.50	12
31.86 33.63 34.82	35.08	35.29 36.06 36.03	36.45		
36.16 35.12					
8 Collins, Iris	FR	SUMNER HIGH SCHOOL GIRLS	5:51.65	5:54.40	11
30.39 34.00 35.62	35.85	36.18 35.97 36.82	36.67		
36.91 35.99					
B - Final					
9 Smathers, Julia	JR	ROGERS RAMS	5:55.47	5:45.01	9
31.00 35.01 35.35	35.05	35.28 35.15 34.95	35.27		
34.53 33.42					
10 Tucker, Violet	SR	DECATUR HIGH SCHOOL	5:54.53	5:46.09	7
30.31 33.15 34.50	35.27	35.40 35.59 35.74	35.88		
36.00 34.25					
11 Snyder, Abbie	FR	KENTWOOD HIGH SCHOOL	5:52.60	5:53.06	6
31.21 34.96 35.40	35.42	35.82 36.27 36.81	36.66		
35.80 34.71					
12 Pineda, Lydia	JR	CURTIS VIKINGS	6:13.09	6:08.00	5
32.93 36.75 37.51	38.13	37.71 38.48 38.07	37.47		
36.64 34.31					
13 Boulay, Lena	SO	OLYMPIA HIGH SCHOOL	6:15.56	6:10.17	4
32.13 36.04 37.78	38.30	38.52 38.50 38.51	37.48		
37.54 35.37					
14 Guidoux, Elle	FR	CURTIS VIKINGS	6:13.15	6:10.83	3
32.19 35.26 37.44	38.14	38.19 38.39 39.38	37.94		
37.76 36.14					
15 Carter, Normandy	FR	OLYMPIA HIGH SCHOOL	6:19.47	6:14.13	2
32.66 36.78 37.33	38.30	38.38 38.98 38.87	37.92		
38.49 36.42					

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

B - Final ... (Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Patterson, Campbell	FR	OLYMPIA HIGH SCHOOL	6:14.42	6:21.06	1
			32.82 36.32 38.12 38.70 38.65 39.97 39.45 40.36		
			39.76 36.91		

Event 9 Girls 200 Yard Freestyle Relay

MEET RECORD: 1:37.68 # 11/2/2019 CURTIS

M Hickey, E Van Zonneveld, A Proctor, G Bellin

4A STATE REC: 1:34.96 ! 2018 NEWPORT

1:35.36 AAA All-America Auto

1:37.15 AAC All-America Consid.

1:42.50 4AST 4A State Qual

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 CURTIS VIKINGS		1:39.88	1:38.82 4AST	40
1) Bernardo, Alexis JR	2) Lopez, Gaby SO		4) Link, Trinity SR	
		24.57 25.15 24.95 24.15		
2 MOUNT RAINIER HIGH SCHOOL		1:44.43	1:43.50	34
1) Ma, Elizabeth SR	2) Carr, Addy JR		4) Ng, Maddie JR	
		25.09 26.62 26.18 25.61		
3 TAHOMA HIGH SCHOOL		1:43.59	1:43.96	32
1) Sears, Sierra SR	2) Artemdize, Sophie SR		4) Gaul, Rowan SR	
		26.33 26.13 26.61 24.89		
4 KENNEDY CATHOLIC HIGH SCHC		1:45.58	1:45.29	30
1) Paulson, Victoria SR	2) Nguyen, Natalie FR		4) Williams, Rae SR	
		26.26 26.51 26.63 25.89		
5 OLYMPIA HIGH SCHOOL		1:45.88	1:46.88	28
1) McDaniel, Cambria SO	2) Nguyen, Brianna SR		4) Gertseva, Nicole SO	
		26.57 27.49 27.17 25.65		
6 KENTRIDGE HS		1:48.82	1:48.05	26
1) Mann, Grace SO	2) Wu, Paige JR		4) Haroldson-Margel, Harper SO	
		27.11 27.15 27.09 26.70		
7 PUYALLUP HIGH SCHOOL		1:49.17	1:48.57	24
1) Sellman, Emily JR	2) Mahaffie, Annie JR		4) Bagniewski, Molly SR	
		26.09 28.04 28.61 25.83		
8 GRAHAM KAPOWSIN SWIM TEA		1:51.18	1:50.09	22
1) Sienkiewich, Nichole SR	2) Bicheray Garcia, Aurora SR		4) Daniels, Yuna JR	
		27.47 28.54 28.11 25.97		
B - Final				
9 SOUTH KITSAP HIGH SCHOOL		1:52.64	1:50.93	18
1) Hurguy, Emma JR	2) Baker, Jaclyn SR		4) Spiker, Azie SO	
		28.18 28.76 27.44 26.55		
10 ROGERS RAMS		1:52.79	1:52.39	14
1) Snow, Lauren SO	2) Yokes, Ally SO		4) Smathers, Julia JR	
		27.55 28.97 28.31 27.56		
11 SUMNER HIGH SCHOOL GIRLS		1:53.15	1:54.67	12
1) Worhatch, Abby FR	2) Johnson, Lexie JR		4) Collins, Iris FR	
		28.17 27.83 29.98 28.69		
12 DECATUR HIGH SCHOOL		2:01.62	2:01.34	10
1) Thomas, Roha JR	2) Thomas, Helena JR		4) Walling, Ashly SO	
		30.18 30.77 31.88 28.51		
13 KENTWOOD HIGH SCHOOL		2:07.19	2:09.07	8
1) Shirk, Kennedi FR	2) Nugyen, Jenna SO		4) Votisek, Ness JR	
		30.06 37.28 30.60 31.13		

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

Event 10 Girls 100 Yard Backstroke

MEET RECORD: 54.99 # 11/1/2008 CHELSEA BAILEY - KL
 4A STATE REC: 53.82 ! 2010 ANNEMARIE THAYER - BAL
 54.73 AAA All-America Auto
 55.91 AAC All-America Consid.
 1:00.40 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Weiler, Hailey	SO	KENNEDY CATHOLIC HIGH SCHOOL	57.27	55.58 AAC	20
26.61 28.97					
2 Wolfe, Madison	FR	CURTIS VIKINGS	1:00.72	59.89 4AST	17
29.24 30.65					
3 Hill, Jasmine	JR	TAHOMA HIGH SCHOOL	1:01.02	1:00.08 4AST	16
28.58 31.50					
4 Sellman, Emily	JR	PUYALLUP HIGH SCHOOL	1:00.59	1:00.19 4AST	15
29.27 30.92					
5 Bontemps, Julia	SR	ROGERS RAMS	1:00.67	1:00.85	14
28.85 32.00					
6 Putt, Takara	SR	CURTIS VIKINGS	1:01.37	1:01.88	13
29.53 32.35					
7 Warner, Elena	JR	TAHOMA HIGH SCHOOL	1:02.17	1:01.94	12
30.10 31.84					
8 Wisen, Addie	SR	MOUNT RAINIER HIGH SCHOOL	1:04.05	1:03.85	11
30.31 33.54					
B - Final					
9 Paulson, Victoria	SR	KENNEDY CATHOLIC HIGH SCHOOL	1:04.48	1:03.91	9
31.12 32.79					
10 McDonald, Baillie	SO	TAHOMA HIGH SCHOOL	1:04.73	1:05.46	7
31.69 33.77					
11 Sexton, Amelie	FR	CURTIS VIKINGS	1:06.31	1:05.55	6
31.59 33.96					
12 Jose, Norah	SR	TAHOMA HIGH SCHOOL	1:04.64	1:06.03	5
31.71 34.32					
13 Spiker, Azie	SO	SOUTH KITSAP HIGH SCHOOL	1:07.72	1:06.81	4
32.90 33.91					
14 Randall, Clara	JR	OLYMPIA HIGH SCHOOL	1:06.63	1:07.64	3
32.81 34.83					
15 Nguyen, Natalie	FR	KENNEDY CATHOLIC HIGH SCHOOL	1:09.03	1:08.35	2
33.14 35.21					
--- Roberts, Paige	SO	CURTIS VIKINGS	1:05.10	DQ	

Event 11 Girls 100 Yard Breaststroke

MEET RECORD: 1:03.50 # 10/27/2012 CAROLYN MCCANN-GH
 4A STATE REC: 1:01.33 ! 2013 CAROLYN MCCANN - GH
 1:02.59 AAA All-America Auto
 1:03.78 AAC All-America Consid.
 1:08.25 4AST 4A State Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Vu, Kaitlyn	SO	KENNEDY CATHOLIC HIGH SCHOOL	1:05.24	1:04.79 4AST	20
30.43 34.36					
2 Guidoux, May	JR	CURTIS VIKINGS	1:05.67	1:06.65 4AST	17
31.68 34.97					

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

A - Final ... (Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
3 Haroldson-Margel, Harper 32.72 36.93	SO	KENTRIDGE HS	1:11.03	1:09.65	16
4 Helland, Grace 32.83 37.04	FR	KENNEDY CATHOLIC HIGH SCHOOL	1:11.58	1:09.87	15
5 Edwards, Addison 33.71 37.49	JR	KENTRIDGE HS	1:13.06	1:11.20	14
6 Benedict, Grace 34.59 39.61	FR	EMERALD RIDGE HIGH SCHOOL	1:14.02	1:14.20	13
7 Hyland, Carina 34.43 40.86	JR	CURTIS VIKINGS	1:15.66	1:15.29	12
8 Tucker, Violet 35.88 41.36	SR	DECATUR HIGH SCHOOL	1:15.64	1:17.24	11

B - Final

9 Pallotta, Cecilia 34.72 40.96	FR	KENNEDY CATHOLIC HIGH SCHOOL	1:16.24	1:15.68	9
10 Ban, Hee-Sun 35.95 41.80	FR	OLYMPIA HIGH SCHOOL	1:17.93	1:17.75	7
11 Nguyen, Brianna 36.68 41.74	SR	OLYMPIA HIGH SCHOOL	1:19.38	1:18.42	6
12 Carr, Addy 37.09 41.78	JR	MOUNT RAINIER HIGH SCHOOL	1:18.84	1:18.87	5
13 Hughes, Emi 36.83 42.08	FR	SOUTH KITSAP HIGH SCHOOL	1:17.54	1:18.91	4
14 Carr, Ole 36.40 43.10	FR	CURTIS VIKINGS	1:20.70	1:19.50	3
15 Punsalan, Amaiya 37.39 42.36	SR	PUYALLUP HIGH SCHOOL	1:19.97	1:19.75	2
16 Williams, Ever 37.43 43.12	SR	OLYMPIA HIGH SCHOOL	1:20.86	1:20.55	1

Event 12 Girls 400 Yard Freestyle Relay

MEET RECORD: 3:33.27 # 11/2/2019 CURTIS

L Lopez-Silvers, A Proctor, M Barbosa, G Bellin

4A STATE REC: 3:27.47 ! 2017 SKYLINE

3:27.68 AAA All-America Auto

3:31.16 AAC All-America Consid.

3:45.90 4AST 4A State Qual

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 KENNEDY CATHOLIC HIGH SCHC		3:39.45	3:36.15 4AST	40
1) Jackson, Avery FR	2) LaBella, Lucy FR	3) Vu, Kaitlyn SO	4) Weiler, Hailey SO	
26.56 55.30 26.32	55.13 26.18 54.48	23.99 51.24		
2 CURTIS VIKINGS		3:44.22	3:43.83 4AST	34
1) Ledesma, Lauren SO	2) Lopez, Gaby SO	3) Wolfe, Madison FR	4) Hoover, Hayden JR	
26.78 55.28 26.84	57.14 26.83 55.93	26.24 55.48		
3 TAHOMA HIGH SCHOOL		3:50.90	3:47.60	32
1) Artemdize, Sophie SR	2) Hill, Jasmine JR	3) Warner, Elena JR	4) Gaul, Rowan SR	
27.86 57.78 26.91	57.23 26.69 56.26	27.11 56.33		
4 MOUNT RAINIER HIGH SCHOOL		3:50.20	3:47.61	30
1) Ma, Elizabeth SR	2) Ng, Maddie JR	3) Carr, Addy JR	4) Wisen, Addie SR	
26.50 53.96 26.57	57.03 27.94 59.15	27.17 57.47		
5 ROGERS RAMS		3:55.66	3:56.15	28
1) Bontemps, Julia SR	2) Davis, Sophia FR	3) Snow, Lauren SO	4) Jahn, Vivienne FR	
27.33 57.07 28.13	58.91 29.47 1:02.27	27.62 57.90		

WCD III 4A 2023 Girls Swim & Dive Champs

Results - Swimming Finals

A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
6 OLYMPIA HIGH SCHOOL		3:58.07	3:56.33	26
1) Gertseva, Nicole SO	2) McDaniel, Cambria SO	3) Randall, Clara JR	4) Ban, Hee-Sun FR	
27.20 56.47 27.64	59.96 28.18 58.94	29.29 1:00.96		
7 KENTRIDGE HS		4:08.54	4:06.74	24
1) Zimmerman, Reyna JR	2) Hewson, Ainsley JR	3) Wu, Paige JR	4) McDowell, Alexis SO	
29.09 1:00.93 29.84	1:03.08 28.67 1:01.52	16.13 1:01.21		
8 SUMNER HIGH SCHOOL GIRLS		4:05.86	4:06.91	22
1) Anderson, Peyton JR	2) Johnson, Lexie JR	3) Worhatch, Abby FR	4) Tweit, Payton FR	
29.32 1:03.77 29.35	1:03.78 29.45 1:02.72	27.17 56.64		

B - Final

9 GRAHAM KAPOWSIN SWIM TEAM		4:14.91	4:08.16	18
1) Sienkiewich, Nichole SR	2) Dennis, Shianne JR	3) Mondrut, Savanna JR	4) Daniels, Yuna JR	
28.70 1:01.80 31.79	1:09.61 26.84 59.42	27.16 57.33		
10 PUYALLUP HIGH SCHOOL		4:19.27	4:18.18	14
1) Mahaffie, Annie JR	2) Punsalan, Amayi SR	3) Mills, Emily SR	4) Osher, Sarah SR	
29.74 1:02.12 31.38	1:05.51 31.53 1:06.75	29.37 1:03.80		
11 DECATUR HIGH SCHOOL		4:32.68	4:24.51	12
1) Thomas, Roha JR	2) Ekenman, Eva JR	3) Walling, Ashly SO	4) Tucker, Violet SR	
32.91 1:10.51 29.70	1:04.74 30.81 1:05.83	30.02 1:03.43		