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| **4A League Track & Field Meet Dates**  **4A NPSL May 10 & 12, 2023 @ French Field (Kent)\***  **4A SPSL May 11 & 13, 2023 @ (TBD)**  **4A WCD /SWD May 17 & 19@ French Field (Kent)\*** | **3A League Track & Field Meet Dates**  **3A NPSL May 10 & 12, 2023 @ French Field (Kent)\***  **PCL 3A / May 13 & 14, 2022 @ Mt Tahoma?**  **SSC 3A / May 11 & 13, 2023 @ North Thurston\***  **3A WCD /SWD May 17 & 19 @ French Field (Kent)\*** |
| **2A League Track & Field Meet Dates**  **OL Champs May 4, 2023 @ NKHS**  **OL Subs May 6, 2023 @ NKHS**  **SPSL May 12, 2023 @ Franklin Pierce**  **2A WCD III @ Renton May 19-20, 2023** | **1A League Track & Field Meet Dates**  **Nisqually May 13, 2023 @ Vashon**  **1A WCD III @ Renton May 19-20, 2023** |

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| **1B Tri District @ Franklin Pierce Top #6 boys, #5 girls advance to WIAA State 2023?**  **Boys = D1=5, D2=5, D3=2 + 4 next best times / distances into Tri District meet?**  **Girls = D1=5, D2=5, D3=2 + 4 next best times / distances into Tri District meet?**  **\*** **1B Tri District @ Franklin Pierce High School Top #8 boys, #6 girls advance to WIAA State 2022**  **\*Boys = D1=4, D2=6, D3=2, D4= 4 into Quad District meet**  **\*Girls = D1=4, D2=4, D3=2, D4= 3 +3 next best times or marks / distances into Quad District meet** |

**WCD III Entries**

4A @ French Field (Kent) May 17 & 19 SPSL (10) = 8 / NPSL(7) = 5 (13 total entries)+GSL = 3 (16 Total) SPSL(10) NPSL(7) GSL (4) Total Schools

3A @ French Field (Kent) May 17 & 19 NS = 5, PCL = 5, SS = 6, = 16 total + GSL = 3, =19 Total Entries Total Schools = (\*) NS (\*7) = 5 PC (\*7) = 5 SS (\*9) = 6 = 16 total + GSL (\*5)

2A @ Renton Stadium May 19-20 Olympic = 5 / SPSL = 6 / Kingco =5 (16 total entries)

**1A @ Renton Stadium May 19-20 Olympic Boys = 3 / Nisqually (8 total)**

**1A @ Renton Stadium May 19-20 Olympic Girls = 3 / Nisqually (8 total)**

1B @ Franklin Pierce May 18 Dist. 1-2-3 = (16 total entries) #6 boys / #5 girls advance to state 2022

Boys Dist. 1 = (4), Dist. 2 = 6, Dist. 3 = 2, Dist. 4 = 4, = 16 total entries

Girls Dist. 1 = 4, Dist. 2 = 4, Dist. 3 = 2, Dist. 4 = 3, 13+ the next best 3 = 16

\*Double the allocation for these districts numbers

**WIAA entries to State**

**4A WCD to State = 6 Boys entries to state 202\* | 6 Girls entries to state 202**

**3A WCD to State = 7 Boys entries to state 202\* | 7 Girls entries to state 2022**

**2A WCD to State = 6 Boys entries to state 202\* | 6 Girls entries to state 2022**

**1A WCD to State = 3 Boys entries to state 202\* | 3 Girls entries to state 2022**

**1B WCD to State = 6 Boys entries to state 202\* | 5 Girls entries to state2022 (Tri-District meet)**

**Timed Finals**

**4x200R, Prelims seeded inside out = Hot heat only in this race (#2 Heat)**

**800m Follow 800 WIAA Guidelines posted**

**Protect #1 only and seed by Time | Use WIAA processes for Syllabus**

Dwayne Johnson

PASD Athletic Director, *CMAA*

*WCD III Track & Field Chair*

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360-565-1608 AD Office 360-477-7280 AD Cell

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| **4A NPSL** | **4A SPSL** | **3A North Sound** | **3A Pierce County** | **3A South Sound** |
| **Decatur**  **Federal Way**  **Kennedy Catholic**  **Kentridge**  **Kentwood**  **Mt. Rainier**  **Tahoma** | **Bellarmine Prep**  **Bethal**  **Curtis**  **Emerald Ridge**  **Graham Kapowsin**  **Olympia**  **Puyallup**  **Rogers (Puyallup)**  **South Kitsap**  **Sumner** | **Auburn**  **Auburn Mountainview**  **Auburn Riverside**  **Kent Meridian**  **Kentlake**  **Thomas Jefferson**  **Todd Beamer** | **Bonney Lake**  **Lakes**  **Lincoln (Tacoma)**  **Mt. Tahoma**  **Silas**  **Spanaway Lake**  **Stadium**  **Bainbridge** | **Capital**  **Central Kitsap**  **Gig Harbor**  **North Thurston**  **Peninsula**  **River Ridge**  **Timberline**  **Yelm**  **Bainbridge \*22** |
| **Allocation from League to WCD III =5** | **Allocation from League to WCD III =8** | **Allocation from League to WCD III =5** | **Allocation from League to WCD III =5** | **Allocation from League to WCD III =6** |
| **GSL = 3** |  | **GSL = 3** |  |  |

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| **2A Olympic** | **2A SPSL** | **2A Kingco** | **1A Nisqually** | **1B North Olympic** |
| **Bremerton**  **Kingston**  **North Kitsap**  **North Mason**  **Olympic**  **Port Angeles**  **Sequim** | **Clover Park**  **Enumclaw**  **Fife**  **Franklin Pierce**  **Henry Foss**  **Orting**  **Steilacoom**  **Washington**  **White River** | **Evergreen (Seattle)**  **Foster**  **Highline**  **Lindbergh**  **Renton**  **Sammamish**  **Tyee** | **Annie Wright**  **Bellevue Christian**  **Cascade Christian**  **Charles Wright Academy**  **Klahowya**  **Life Christian**  **PT/CH = East Jefferson**  **Seattle Christian**  **Vashon Island** | **Clallam Bay**  **Crescent**  **Neah Bay** |
| **Allocation from League to WCD III = \*Top 5** | **Allocation from League to WCD III = \*Top 6** | **Allocation from League to WCD III = \*Top 5** | **Allocation from League to WCD III = Top 8** | **Allocation from League to WCD III = Top 2 + 3 at large** |
|  |  |  |  |  |
| **1B District #1**  **Cedar Park Christian (Lynnwood)**  **Fellowship Christian**  **Grace Academy**  **Lopez**  **Lummi**  **Providence Classical Christian**  **Shoreline Christian**  **Skykomish**  **Tulalip Heritage**  **\*\*\*\*\*\*\*\***  **Dist #1 1B Northwest 1B/2B Teams**  **1B Concrete**  **1B Darrington**  **1B Mt Vernon Christian**  **1B Orcas Island** | **District #2 1B**  **\*Sea Tac Teams**  **Concordia Christian Academy**  **Crosspoint**  **Evergreen Lutheran**  **Muckleshoot Tribal**  **Northwest Yeshiva**  **Pacific Christian Academy**  **Pope John Paul 2**  **Puget Sound Adventist**  **Quilcene**  **Rainier Christian**  **Sound Christian Academy**  **Summit Classical Christian (Bellevue)** | **District #3 1B**  **\*North Olympic**  **Clallam Bay**  **Crescent**  **Neah Bay** | **Dist. #4 1B**  **\*Columbia Valley Teams**  **Cedar Tree Classical Christian**  **Firm Foundation Christian**  **Naselle**  **Pe Ell**  **Three Rivers Christian**  **Washington School for the Deaf** | **Dist #4 1B**  **\*Coastal Teams**  **Lake Quinault**  **Mary M. Knight**  **Mossyrock**  **North River**  **Oakville**  **Taholah**  **Willapa Valley**  **Wishkah Valley**  **\*\*\*\*\*\*\*\*** |