



LAKWOOD COUGARS

2023-24 Varsity Boys Wrestling

Varsity

Wt Class	Name	Year
120	Presley Solomon	9
126	Lucas Alva	10
132	David Gray	11
138	Taylor Brock	12
144	John Valencia	11
150	Ethan Andersen	9
157	Connor Schueller	12
165	Christian Cave	12
195	Kenny Conklin	12
285	James Conklin	11

Junior Varsity

Wt Class	Name	Year
	Xander George	9
120	Miguel Garcia	9
126	John Cralle	9
132	Erik Vielma	11
138	Logan Howard	12
144	Brandon Aleo	12
144	Elliot Burelo	9
144	Jayden Malarz	9
144	Hunter McNally	10
150	Christian Carranza	12
150	Austin Kaminski	9
150	Jagger Kortekaas	9
150	Kostya Nevinglovskyi	11
157	Tony Andersen	11
157	Michael Meagher	11
157	Isaac Smyser	9
165	Chris Tregoning	12
175	Diego Cabadas	12
175	Matt Puckett	12
175	Jaiden Snyder	11
195	Konnar Huston	12

Head Coach

Mitchell Fernandes
Tom O'Hara

Assistants

Tony Del Pozo

Volunteers

Joey Cartwright
Waylon Gwyther

Manager

Kaylynn Abell
Olivia De Leon
Lanna Grant
Julie Murray
Eyden Shreeves

Superintendent

Erin Murphy

Principal

Jeanette Grisham

Asst Principal

Amy Hendry

Athletic Director

Amy Hendry

Athletic Assistant

Kay Throndsen

Dean

Jeff Dowhaniuk

