

Auburn Trojan Volleyball

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 <i>Middle School Clinic @ AHS 9:30 to 1:30</i>	10 <i>Middle School Clinic @ AHS 9:30 to 1:30 Summer League @ AHS 5 to 9:30</i>	11 <i>Middle School Clinic @ AHS 9:30 to 1:30</i>	12 <i>ALL Practice @ AHS 10:00 to 12:30</i>	13	14
15	16	17 <i>Freshman Only Practice @ AHS 10-12 Summer League @ AHS 5 to 9:30</i>	18 <i>Cardio Workout-Wrestling Room 9:15 to 10:15</i>	19 <i>ALL Practice @ AHS 10:00 to 12:30</i>	20 <i>Cardio Workout-Wrestling Room 9:15 to 10:15</i>	21
22	23	24 <i>Freshman Only Practice @ AHS 10-12 Summer League @ AHS 5 to 9:30</i>	25 <i>Cardio Workout-Wrestling Room 9:15 to 10:15</i>	26 <i>Team BBQ (time and location TBD)</i>	27 <i>Cardio Workout-Wrestling Room 9:15 to 10:15</i>	28
29	30 <i>Continue preparing for Tryouts- Do NOT come to tryouts out of shape! 9 Minute Mile</i>	31	1	2	3	4

Auburn Trojan Volleyball August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 <i>Continue preparing for Tryouts– Do NOT come to tryouts out of shape! 9 Minute Mile</i>	31	1	2	3	4
5	6 <i>Continue preparing for Tryouts– Do NOT come to tryouts out of shape! 9 Minute Mile</i>	7	8 Cardio Workout- Wrestling Room 9:15 to 10:15	9	10	11
12	13 Athletics Office Opens for Registration to be completed! Nice & Early!	14	15 Cardio Workout- Wrestling Room 9:15 to 10:15	16 All-American Team Camp @ AHS 9:00 to 3:00	17 All-American Team Camp @ AHS 9:00 to 3:00	18 All-American Team Camp @ AHS 9:00 to 3:00
19	20 Try-Outs @ AHS 9:30 to 12 & 1:00 to 3:00	21 Try-Outs @ AHS 9:30 to 12 & 1:00 to 3:00	22 Try-Outs @ AHS 9:30 to 12, 1:00 to 3:00 Parent Meeting 7:00 Main Gym	23 Practice 10:00 to 1:00	24 Practice 3:15 to 6:00	25
26	27 Practice 3:15 to 6:00	28 Practice 3:15 to 6:00	29 Practice 3:15 to 6:00	30 Practice 3:15 to 6:00	31 Practice 10:00 to 1:00	1

Auburn Trojan Volleyball June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31 <i>Spring Informational Meeting 2:45 to 3:30</i>	1	2
3	4	5 <i>ALL Practice @ AHS 3:00 to 5:00</i>	6	7 <i>Cascade vs. Olympic ALL Practice @ AHS 5:00 to 7:00</i>	8	9
10	11	12 <i>ALL Practice @ AHS 3:00 to 5:00 including incoming Freshman</i>	13	14	15	16
17	18 <i>Finals Week– No Practice:) Study, Study, Study!</i>	19	20	21	22 <i>Last Day of School!</i>	23
24	25	26 <i>ALL Practice @ AHS 3:00 to 5:00</i>	27	28 <i>All Practice @ AHS 3:00 to 5:00</i>	29	30