

# WCD 4A SWIM

## 2023-2024 SWIMMING & DIVING CHAMPIONSHIP STANDARDS

2024 BOYS		
	WCD 3	STATE
200 Md. Relay	<b>1:54.95</b>	1:39.80
200 Free	<b>2:03.00</b>	1:47.40
200 IM	<b>2:20.65</b>	1:59.50
50 Free	<b>0:24.20</b>	:21.99
11 Dives	<b>215 pts</b>	315/11.6
100 Fly	<b>1:00.25</b>	:52.50
100 Free	<b>0:54.95</b>	:48.70
500 Free	<b>5:53.95</b>	4:54.00
200 Fr. Relay	<b>1:46.15</b>	1:30.70
100 Back	<b>1:02.60</b>	:54.00
100 Breast	<b>1:09.75</b>	:59.30
400 Fr. Relay	<b>3:54.45</b>	3:20.00

# WCD 3A SWIM

## 2023-2024 SWIMMING & DIVING CHAMPIONSHIP STANDARDS

2024 BOYS		
	WCD 3	STATE
200 Md. Relay	<b>2:15.40</b>	1:40.00
200 Free	<b>2:10.60</b>	1:46.50
200 IM	<b>2:31.40</b>	1:59.00
50 Free	<b>0:25.00</b>	:21.80
11 Dives	<b>215 pts</b>	315/11.6
100 Fly	<b>1:05.70</b>	:52.75
100 Free	<b>0:56.30</b>	:48.30
500 Free	<b>6:08.00</b>	4:53.00
200 Fr. Relay	<b>1:56.10</b>	1:30.00
100 Back	<b>1:09.90</b>	:54.00
100 Breast	<b>1:15.70</b>	:59.50
400 Fr. Relay	<b>4:30.00</b>	3:20.00

# WCD 1A/2A SWIM

## 2023-2024 SWIMMING & DIVING CHAMPIONSHIP STANDARDS

2024 BOYS		
	WCD 3/SeaKing	STATE
200 Md. Relay	<b>1 Entry per</b>	1:48.30
200 Free	<b>2:13.20</b>	1:53.00
200 IM	<b>2:28.20</b>	2:08.50
50 Free	<b>25.20</b>	:22.95
11 Dives	<b>200 pts</b>	250/11.6
100 Fly	<b>1:08.50</b>	:56.50
100 Free	<b>:56.80</b>	:50.90
500 Free	<b>6:14.80</b>	5:12.00
200 Fr. Relay	<b>1 Entry per</b>	1:36.00
100 Back	<b>1:10.30</b>	:58.50
100 Breast	<b>1:15.10</b>	1:04.50
400 Fr. Relay	<b>1 Entry per</b>	3:34.00