

4A West Central District III STATE QUALIFYING Gymnastics Meet
 Saturday, February 11, 2017

Session 2 4A Flight One		Warm-Up Vault	Vault	Warm-Up Bars	Bars	Warm-Up Beam	Beam	Warm-Up Floor	Floor
Stretch/Tumble	12:45-1:30								
Warm-Up	1:30-1:50	Todd Beamer		NPSL Indiv #3		SPSL Indiv #1		NPSL Indiv #4	
March In Prep	1:50-2:00								
March In	2:00-2:20								
Round 1	2:20-2:40	Tahoma	Todd Beamer	Mt Rainier	NPSL Indiv #3	NPSL Indiv #2	SPSL Indiv #1	Aub Mt View	NPSL Indiv #4
Round 2	2:40-3:00	NPSL Indiv #4	Tahoma	Todd Beamer	Mt Rainier	NPSL Indiv #3	NPSL Indiv #2	SPSL Indiv #1	Aub Mt View
Round 3	3:00-3:20	Aub Mt View	NPSL Indiv #4	Tahoma	Todd Beamer	Mt Rainier	NPSL Indiv #3	NPSL Indiv #2	SPSL Indiv #1
Round 4	3:20-3:40	SPSL Indiv #1	Aub Mt View	NPSL Indiv #4	Tahoma	Todd Beamer	Mt Rainier	NPSL Indiv #3	NPSL Indiv #2
Round 5	3:40-4:00	NPSL Indiv #2	SPSL Indiv #1	Aub Mt View	NPSL Indiv #4	Tahoma	Todd Beamer	Mt Rainier	NPSL Indiv #3
Round 6	4:00-4:20	NPSL Indiv #3	NPSL Indiv #2	SPSL Indiv #1	Aub Mt View	NPSL Indiv #4	Tahoma	Todd Beamer	Mt Rainier
Round 7	4:20-4:40	Mt Rainier	NPSL Indiv #3	NPSL Indiv #2	SPSL Indiv #1	Aub Mt View	NPSL Indiv #4	Tahoma	Todd Beamer
Round 8	4:40-5:00	x	Mt Rainier	x	NPSL Indiv #2	x	Aub Mt View	x	Tahoma

Session 3 4A Flight Two		Warm-Up Vault	Vault	Warm-Up Bars	Bars	Warm-Up Beam	Beam	Warm-Up Floor	Floor
Stretch/Tumble	5:30-6:15								
Warm-Up	6:15-6:35	NPSL Indiv #5		Sumner		SPSL Indiv #1		Emerald Ridge	
March In Prep	6:35-6:45								
March In	6:45-7:00								
Round 1	7:00-7:20	Kentlake	NPSL Indiv #5	Auburn	Sumner	NPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #6	Emerald Ridge
Round 2	7:20-7:40	Emerald Ridge	Kentlake	NPSL Indiv #5	Auburn	Sumner	NPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #6
Round 3	7:40-8:00	NPSL Indiv #6	Emerald Ridge	Kentlake	NPSL Indiv #5	Auburn	Sumner	NPSL Indiv #1	SPSL Indiv #2
Round 4	8:00-8:20	SPSL Indiv #2	NPSL Indiv #6	Emerald Ridge	Kentlake	NPSL Indiv #5	Auburn	Sumner	NPSL Indiv #1
Round 5	8:20-8:40	NPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #6	Emerald Ridge	Kentlake	NPSL Indiv #5	Auburn	Sumner
Round 6	8:40-9:00	Sumner	NPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #6	Emerald Ridge	Kentlake	NPSL Indiv #5	Auburn
Round 7	9:00-9:20	Auburn	Sumner	NPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #6	Emerald Ridge	Kentlake	NPSL Indiv #5
Round 8	9:20-9:40	x	Auburn	x	NPSL Indiv #1	x	NPSL Indiv #6	x	Kentlake

Awards

SPSL Indiv #1	SPSL Indiv #2	NPSL Indiv #1	NPSL Indiv #2	NPSL Indiv #3	NPSL Indiv #4	NPSL Indiv #5	NPSL Indiv #6
Puyallup	Olympia	Auburn	Decatur	Federal Way	Enumclaw	Kentwood	Hazen
	Rogers	Kentridge		Kent Meridian	Kennedy	Th Jefferson	