

2019 Girls SPSL Time Standards

EVENT	2016	2017	2018	2019 (League)				
200 MEDLEY RLY				1 entry per team				
200 FREE	2:26.97	2:23.90	2:30.03	2:26.97				
200 IM	2:48.66	2:53.02	2:48.35	2:50.01				
50 FREE	28.50	28.97	28.78	:28.75				
100 FLY	1:17.45	1:20.42	1:21.59	1:19.82				
100 FREE	1:06.42	1:04.01	1:03.49	1:04.64				
500 FREE	6:51.05	6:48.80	6:57.61	6:52.49				
200 FREE RLY				1 entry per team				
100 BACK	1:17.65	1:17.00	1:19.28	1:17.98				
100 BREAST	1:27.86	1:25.04	1:25.76	1:26.22				
400 FREE RLY				1 entry per team				
Diving	Divers must have completed a successful 11 dive list at an 11 dive meet as requirement for entry into the SPSL meet.							

League time standards were figured by averaging the 24th place time from the last three years.

League time standards are not valid until approved by the SPSL.