



WIAA / WEST CENTRAL DISTRICT III 2A TRACK & FIELD  
 2022 AUTOMATIC QUALIFYING STANDARDS  
 Submitted WCD III T&F Commissioner: Dwayne Johnson

- A] The standard must be met in the finals of the event in the sub-district meet;  
 B] 2A standard is the average of the marks for the 2A District 4<sup>th</sup> place qualifier to Star Track from the WCD III meet over the last five (5) years (2016-2022)  
 C] All times in the track events must be FAT; if FAT fails no entries beyond allocation are allowed;  
 E] And the terms ‘finals’ and ‘FAT’ will be used as defined in the Federation and WIAA rule books.

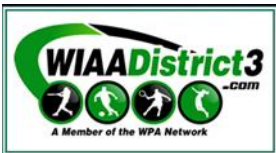
**BOYS**

Boys	Avg.	2019	2018	2017	2016	2022
100m	11.14	11.05	11.12	11.20	11.20	11.15
200m	22.80	22.72	22.56	23.12	22.77	22.81
400m	51.30	51.12	51.04	51.07	51.37	51.88
800m	2.00.72	2.00.27	2.02.30	2.01.03	2.00.23	1.59.78
1600m	4.30.26	4.31.89	4.31.76	4.35.60	4.26.08	4.25.95
3200m	9.54.54	9.44.55	9.59.02	10.23.92	9.45.36	9.40.56
110HH	15.88	15.77	15.77	15.48	15.48	16.90
300IH	41.49	41.87	41.44	42.16	40.87	41.13
4X100R	44.27	44.31	43.82	44.19	44.70	44.33
4X400R	3.33.45	3.30.98	3.31.54	3.32.11	3.38.94	3.33.70
Long Jump	20'06.00"	20'07.00"	20'04.50"	20'10.25"	20'04.50"	20'04.50"
Triple Jump	41'02.00"	41'06.00"	41'07.75"	42'11.50"	40'08.00"	39'01.50"
High Jump	5'10"	5'10"	5'08"	6'00"	6'00"	5'10"
Pole Vault	12'03"	12'06"	12'00"	13'00"	13'00"	11'00"
Shot Put	45'04.25"	47'11.00"	46'10.5"	46'07.50"	44'11.75"	40'05.00"
Discus	128'06"	134'07"	132'06"	125'09"	126'04"	123'07"
Javelin	150'06"	154'02"	149'05"	160'03"	157'11"	130'11"

\*Average of past (5 yrs.) 2A WCD III 4<sup>th</sup> place

First Reading June 6, 2022

Approved WCD III Board September 2022



**WIAA / WEST CENTRAL DISTRICT III 2A TRACK & FIELD**  
**2023 AUTOMATIC QUALIFYING STANDARDS**  
 Submitted WCD III T&F Commissioner: Dwayne Johnson

- A] The standard must be met in the finals of the event in the sub-district meet;
- B] 2A standard is the average of the marks for the 2A District 4<sup>th</sup> place qualifier to Star Track from the WCD III meet over the last five (5) years (2016-2022)
- C] All times in the track events must be FAT; if FAT fails no entries beyond allocation are allowed;
- E] And the terms ‘finals’ and ‘FAT’ will be used as defined in the Federation and WIAA rule books.

**GIRLS**

Girls	Avg.	2019	2018	2017	2016	2022
100m	12.62	12.39	12.39	12.40	12.93	12.99
200m	26.01	26.22	25.31	25.75	26.02	26.76
400m	1.00.87	1.00.56	59.86	61.29	60.99	61.63
800m	2.26.79	2.26.12	2.29.40	2.26.10	2.28.01	2.24.33
1600m	5.19.59	5.13.54	5.11.46	5.24.82	5.27.73	5.20.42
3200m	11.59.33	12.09.49	11.32.50	12.13.96	11.39.59	12.21.12
100HH	16.29	15.51	16.24	16.30	16.34	17.04
300IH	48.48	47.81	47.63	49.18	48.23	49.56
4X100R	51.50	51.15	50.64	51.31	52.02	52.39
4X200R	1.49.67	1.48.62	1.48.69	1.49.89	1.49.28	1.51.89
4X400R	4.14.92	4.08.73	4.11.80	4.18.47	4.16.26	4.19.32
Long Jump	16'01.50"	16'10.25"	16'01.75"	16'09.50"	16'08.50"	14:10.25"
Triple Jump	33'02.50"	34'07.00"	34'05.50"	33'05.50"	33'03.50"	30'1.25"
High Jump	4'10.00"	4'10"	4'10"	4'10"	4'10"	4'10"
Pole Vault	9'00"	8'06"	9'09"	9'00"	10'00"	7'00"
Shot Put	33'08.25"	33'10.00"	33'06.25"	32'07.50"	35'07.75"	32'04.00"
Discus	102'04"	107'04"	109'01"	101'08"	102'05"	94'11"
Javelin	106'10"	111'05"	108'09"	108'08"	105'10"	103'05"

\*Average of past (5 yrs.) 2A WCD III 4<sup>th</sup> place

First Reading June 6, 2022

Approved WCD III Board September 2022