

**WIAA / WEST CENTRAL DISTRICT III 1A TRACK & FIELD  
2022 AUTOMATIC QUALIFYING STANDARDS**  
Submitted by Dwayne Johnson T&F WCD III Commissioner

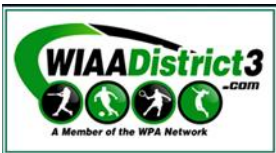
- A] The standard must be met in the finals of the event in the sub-district meet;
- B] 1A standard is the average of the marks for the 2<sup>nd</sup> place from WCD III meet.
- C] All times in the track events must be FAT; if FAT fails no entries beyond allocation are allowed;
- D] And the terms ‘finals’ and ‘FAT’ will be used as defined in the Federation and WIAA rule books.

**BOYS**

Boys	Avg.	2019	2018	2017	2016	2015
100m	<b>11.34</b>	<b>11.19</b>	<b>11.25</b>	11.33	11.49	11.45
200m	<b>23.07</b>	<b>23.51</b>	<b>22.71</b>	22.96	22.76	23.41
400m	<b>52.34</b>	<b>52.86</b>	<b>51.40</b>	52.05	52.98	52.42
800m	<b>2.05.14</b>	<b>2.01.75</b>	<b>2.03.98</b>	2.08.87	2.09.92	2.01.16
1600m	<b>4.38.81</b>	<b>4.33.44</b>	<b>4.41.32</b>	4.36.25	4.52.63	4.30.41
3200m	<b>10.15.28</b>	<b>10.08.21</b>	<b>10.05.29</b>	10.28.27	10.26.30	10.08.31
110HH	<b>17.21</b>	<b>17.40</b>	<b>16.77</b>	16.64	17.23	18.01
300IH	<b>43.22</b>	<b>44.19</b>	<b>43.22</b>	42.02	43.13	43.55
4X100R	<b>45.10</b>	<b>45.06</b>	<b>45.45</b>	44.43	44.85	45.72
4X400R	<b>3.35.85</b>	<b>3.34.14</b>	<b>3.36.40</b>	3.35.43	3.37.10	3.36.19
Long Jump	<b>19'08.50"</b>	<b>20-03.00</b>	<b>19-01.25</b>	20-02.50	20-05.50	18-06.00
Triple Jump	<b>40'06.75"</b>	<b>37-07.50</b>	<b>38-10.00</b>	43-10.00	39-05.00	40-05.75
High Jump	<b>5'08.00"</b>	<b>5-08.00</b>	<b>5-08.00</b>	5-08.00	5-06.00	5-06.00
Pole Vault	<b>11'10.00"</b>	<b>12-0.00</b>	<b>12-00.00</b>	11-06.00	13.00.00	11-00.00
Shot Put	<b>45'07.75"</b>	<b>36-07.00</b>	<b>41-04.50</b>	44-01.00	45-04.00	48-09.00
Discus	<b>128'05"</b>	<b>118-02</b>	<b>122-00</b>	126-00	133-09	130.03
Javelin	<b>149'04"</b>	<b>136-03</b>	<b>142-03</b>	154-02	146-09	151-09

**\*Average of past years @ WCD III 2<sup>nd</sup> Place**

First Reading: June 10, 2019, approved WCDIII September 2019



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**GIRLS**

Girls	Avg.	2019	2018	2017	2016	2015
100m	<b>12.70</b>	12.71	12.65	12.58	13.22	12.63
200m	<b>26.29</b>	26.93	26.20	25.70	26.61	26.01
400m	<b>1.00.30</b>	1.02.42	1.00.79	1.01.18	59.66	59.18
800m	<b>2.27.86</b>	2.25.49	2.23.56	2.29.80	2.31.37	2.29.07
1600m	<b>5.33.23</b>	5.18.27	5.22.52	5.32.25	5.47.68	5.45.45
3200m	<b>12.20.16</b>	12.06.14	12.22.24	12.17.30	12.33.45	12.21.66
100HH	<b>16.49</b>	16.96	15.26	15.97	16.90	17.36
300IH	<b>49.48</b>	48.57	49.08	50.25	50.37	49.11
4X100R	<b>52.03</b>	52.65	53.14	51.50	51.44	51.4
4X200R	<b>1.50.35</b>	1.54.57	1.49.53	1.49.99	1.48.92	01.48.73
4X400R	<b>4.18.28</b>	4.17.61	4.15.02	4.20.59	4.25.97	4.12.32
Long Jump	<b>15'07.00"</b>	16-04.75	15-04.75	15-04.50	15-10.25	14-10.75
Triple Jump	<b>32'00.50"</b>	31-10.50	30-10.00	34-11.50	32-06.00	30-09.50
High Jump	<b>4'09.00"</b>	4-08.00	4-10.00	4-08.00	5-00.00	4-10.00
Pole Vault	<b>7'09.00"</b>	9-00.00	8-03.00	7-00.00	7-00.00	7-06.00
Shot Put	<b>32'00.00"</b>	32-03.00	33-08.25	32-01.75	31-10.75	30-01.25
Discus	<b>93'01"</b>	92-10	95-01	88-10	99-03	89-06
Javelin	<b>100'07"</b>	99-03	106-11	96-01	103-02	97-10

\* Average of past 5 years @ WCD III 2<sup>nd</sup> Place

First Reading: June 10, 2019  
 Approved