### 3A WCD/SWD

### TRACK AND FIELD MEET

### Thursday/Saturday May 17 and 19, 2018

### Sunset Chev Stadium

# Saturday, May 19

**Field Events – All Finals**

11:30 Girls Discus Throw

11:35 Girls Long Jump

11:40 Boys Shot Put

12:30 Girls Pole Vault

12:35 Boys High Jump

1:30 Boys Javelin Throw

1:35 Boys Triple Jump

**Running Events:**

**Finals in the 3200, and “Timed” finals in all other races**

1:00 Girls 3200 m Run

1:15 Boys 300 m Inter. Hurdles

1:25 Girls 300 m Low Hurdles

1:35 Boys 800 m Run

1:45 Girls 800 m Run

2:00 Boys 200 m Dash

2:10 Girls 200 m Dash

2:20 Boys 3200 m Run

2:35 Boys 4X400 m Relay

2:45 Girls 4X400 m Relay

3:00 Results and Team Awards

# Thursday, May 17

**Field Events – All Finals**

3:45 Boys Discus Throw

3:50 Boys Long Jump

3:55 Girls Shot Put

4:00 Boys Pole Vault

4:05 Girls High Jump

5:35 Girls Javelin Throw

5:40 Girls Triple Jump

**Running Events:**

**Finals in the 1600, and “Timed” finals in all other races**

4:30 Girls 4 X 200 m Relay

4:45 Boys 1600 m Run

5:00 Boys 110 m High Hurdles

5:15 Girls 100 m High Hurdles

5:25 Boys 100 m Dash

5:35 Girls 100 m Dash

5:45 Girls 1600 m Run

6:00 Boys 4 X 100 m Relay

6:10 Girls 4 X 100 m Relay

6:25 Boys 400 m Dash

6:35 Girls 400 m Dash